

BikeDenver Vernal Equinox Ride and the inaugural Denver AWESOME Sprints

Friday, March 20th, 2009

Ride leaves at 6:30pm.

AWESOME Sprints begin at 8pm.

BikeDenver Vernal Equinox group ride leaves from Thatcher Fountain at City Park at 6:30pm and arrives at the Handlebar & Grill at approx. 7:30pm. To participate in the Vernal Equinox Ride, please be at Thatcher Fountain in City Park before 6:30pm to sign a ride waiver.

Helmets and lights are required.



AWESOME Sprints will be held at the Handlebar & Grill. This Denver-based OpenSprints event is a roller racing event (like stationary bike races, but MUCH more fun). Racers enter a bracket and "race" for 200 meters (approx. 20 seconds) in a competition to record the best times to advance. This is a fun and competitive social event for participants and spectators. Come be of part of a great new event in Denver! Proceeds will benefit BikeDenver. Participant fee is \$5. Prizes awarded. To participate in the AWESOME Sprints, please sign up at The Handlebar & Grill between 7-8pm on March 20th, 2009.



BikeDenver.org



It's Fun, It's Social, and your Bike misses you!

Ride Contact: bikerossmiller@earthlink.net

Awesome Sprints Contact: bfturner@gmail.com

BikeDenver is the City and County of Denver's bicycling education and advocacy organization. BikeDenver offers fun, social, group ride opportunities during the year for riders of any level. We always enjoy a social after the ride. Join us to celebrate spring on our Vernal Equinox ride!